### Course Title:
Psychology of Aging

### Department:
Social Sciences

### Curriculum:
Psychology

#### Course Descriptors:
Make certain that the course descriptors are consistent with college and Board of Trustees policies, and the current course numbering system.

<table>
<thead>
<tr>
<th>Course Code: (eg. ACC 101)</th>
<th>PSY*209</th>
</tr>
</thead>
<tbody>
<tr>
<td>Course Type:</td>
<td>D/L</td>
</tr>
<tr>
<td>Elective Type:</td>
<td>G/LAS/SS</td>
</tr>
</tbody>
</table>

| Developmental:              | (yes/no) No |
| Lecture:                    | 3          |
| Clinical:                   | 0          |
| Lab:                        | 0          |
| Studio:                     | 0          |
| Other:                      | 0          |
| TOTAL:                      | 3          |

| Credit Hours:               | 3          |
| Class Maximum:              | 35         |
| Semesters Offered:          | F/Sp/Su    |

#### Prerequisites:
C- or better in both Composition (ENG*101) and General Psychology I (PSY*111)

#### Corequisites:
None

#### Other Requirements:
None

### Ability Based Education (ABE) Statement:
At Tunxis Community College students are assessed on the knowledge and skills they have learned. The faculty identified the General Education Abilities critical to students' success in their professional and personal lives. In every class, students are assessed on course abilities, sometimes program abilities, and, in most classes, at least one General Education Ability. Students will receive an evaluation of the degree to which they have demonstrated or not demonstrated that General Education Ability.

### Catalog Course Description:
Covers theories and research that form the foundation for understanding adult development in later life. The course focuses on developmental research of aging, physical changes that accompany normal and usual aging, changes in cognition, learning, personality, relationships, psychopathology, and treatment.

### Topical Outline:
List course content in outline format.

1. Basic Concepts and Theories in the Psychology of Aging
2. Measurement/Research Issues
3. Genetic and Neural Basis of Aging
4. Sensory Changes and Information Processing
5. Memory in Older Adults
6. Intelligence and Cognition in Older Adults
7. Psychological Construction of the Life Span
8. Personality and Moral Development in Later Years
9. Emotion, Affect, and Mental Disorders
10. Psychological Intervention with Older Adults

Upon successful completion of this course, the student will be able to do the following:

**COURSE:**
1. describe the primary theoretical models applied to the study of later life
2. discuss contemporary research approaches and findings on personality and aging
3. list and discuss the physical changes that accompany normal aging
4. outline major research findings as they relate to the physical aging, cognition, memory and creativity and discuss several areas where new research might increase our present knowledge
5. discuss family and social patterns and their impact on psychological adjustment in later life
6. demonstrate an understanding of how gender, race and class contribute to the experience of aging in our country and others
7. identify the most important issues related to contemporary assessment, diagnosis and treatment of mental disorders in later life
8. utilize and integrate course information to gain insight into their own aging experience
9. apply information acquired in this course to an examination of a problem or an issue in their major area of study

**PROGRAM:** (Numbering reflects Program Outcomes as they appear in the college catalog)
N/A

**GENERAL EDUCATION:** (Numbering reflects General Education Outcomes as they appear in the college catalog)

10. Social Phenomena - Students will develop an increased understanding of the influences that shape a person’s, or group’s attitudes, beliefs, emotions, symbols, and actions, and how these systems of influence are created, maintained, and altered by individual, familial, group, situational or cultural means.

**Demonstrates:** Accurately and sufficiently explains factors that influence and shape a person’s or group’s attitudes, beliefs, decisions, and actions.

**Does Not Demonstrate:** Inaccurately or insufficiently explains factors that influence and shape a person’s or group’s attitudes, beliefs, decisions, and actions.

**Evaluation:**
List how the above outcomes will be assessed.

Assessment will be based on the following criteria:
<table>
<thead>
<tr>
<th><strong>Instructional Resources:</strong></th>
<th><strong>Required:</strong> None</th>
</tr>
</thead>
<tbody>
<tr>
<td>List library (e.g. books, journals, online resources), technological (e.g. Smartboard, software), and other resources (e.g. equipment, supplies, facilities) required and desired to teach this course.</td>
<td><strong>Desired:</strong></td>
</tr>
</tbody>
</table>

**Textbook(s)**

Refer to current academic year printout